

# 2010 MSHSL Section 5AA Championships Boys

Anoka High School Oct. 28, 2010

| PLACE | TEAM             | POINTS | PLACES OF FINISHERS |    |    |    |    |     |     |         | AVG. TIME SPREAD |  |
|-------|------------------|--------|---------------------|----|----|----|----|-----|-----|---------|------------------|--|
| 1     | Andover          | 59     | 3                   | 7  | 15 | 16 | 18 | 20  | 42  | 16:32.2 | 0:51.1           |  |
| 2     | Maple Grove      | 73     | 5                   | 9  | 10 | 24 | 25 | 46  | 53  | 16:37.2 | 0:55.9           |  |
| 3     | Totino-Grace     | 100    | 1                   | 4  | 19 | 29 | 47 | 78  | 83  | 16:44.0 | 1:46.9           |  |
| 4     | Mounds View      | 117    | 2                   | 26 | 27 | 30 | 32 | 35  | 67  | 16:53.6 | 1:18.7           |  |
| 5     | Centennial       | 128    | 12                  | 21 | 28 | 31 | 36 | 52  | 55  | 17:03.1 | 0:36.7           |  |
| 6     | Osseo            | 170    | 8                   | 14 | 44 | 50 | 54 | 68  | 80  | 17:10.6 | 1:20.4           |  |
| 7     | Coon Rapids      | 171    | 17                  | 34 | 38 | 39 | 43 | 66  | 70  | 17:15.8 | 0:38.5           |  |
| 8     | Anoka            | 200    | 13                  | 37 | 45 | 49 | 56 | 62  | 69  | 17:23.7 | 1:03.3           |  |
| 9     | Rogers           | 217    | 6                   | 41 | 51 | 59 | 60 | 65  | 71  | 17:23.3 | 1:35.7           |  |
| 10    | Blaine           | 252    | 11                  | 23 | 58 | 72 | 88 | 91  | 101 | 17:43.6 | 2:17.1           |  |
| 11    | Irondale         | 297    | 22                  | 33 | 74 | 81 | 87 | 90  | 103 | 18:01.6 | 1:53.6           |  |
| 12    | Park Center      | 332    | 40                  | 57 | 64 | 75 | 96 | 98  | 99  | 18:08.0 | 1:50.1           |  |
| 13    | Fridley          | 380    | 48                  | 76 | 79 | 85 | 92 | 102 | 105 | 18:30.3 | 1:21.7           |  |
| 14    | Champlin Park    | 395    | 63                  | 73 | 84 | 86 | 89 | 94  | 95  | 18:32.6 | 0:58.8           |  |
| 15    | Spring Lake Park | 410    | 61                  | 77 | 82 | 93 | 97 | 100 | 104 | 18:40.2 | 1:22.7           |  |

## 1. Andover

|                        |                   |                   |
|------------------------|-------------------|-------------------|
| 3                      | Dan Nielsen, 12   | 16:03.9           |
| 7                      | Zach Gust, 12     | 16:14.4           |
| 15                     | Mitch Fisher, 11  | 16:42.7           |
| 16                     | Kurt Hellmann, 11 | 16:44.9           |
| 18                     | Steven Cotter, 10 | 16:55.0           |
| 20                     | Chris Meados, 9   | 16:56.6           |
| 42                     | Andy Kast, 12     | 17:27.9           |
| Total Time = 1:22:40.9 |                   | Total Places = 59 |

## 7. Coon Rapids

|                        |                      |                    |
|------------------------|----------------------|--------------------|
| 17                     | Saleban Duale, 11    | 16:51.8            |
| 34                     | Calvin Mehrhof, 11   | 17:14.5            |
| 38                     | Dan O'Grady, 12      | 17:20.4            |
| 39                     | Nathan Herman, 10    | 17:21.7            |
| 43                     | Sam Dulian, 11       | 17:30.3            |
| 66                     | Michael Coughlin, 10 | 17:59.4            |
| 70                     | Dan Chavis, 12       | 18:09.1            |
| Total Time = 1:26:18.7 |                      | Total Places = 171 |

## 2. Maple Grove

|                        |                   |                   |
|------------------------|-------------------|-------------------|
| 5                      | Alex Johnson, 12  | 16:08.7           |
| 9                      | Tyler Olson, 12   | 16:22.1           |
| 10                     | Connor Olson, 8   | 16:25.7           |
| 24                     | Luke Iverson, 12  | 17:04.6           |
| 25                     | Nathan Rausch, 12 | 17:04.6           |
| 46                     | Tony Stec, 12     | 17:36.4           |
| 53                     | Ryan Graham, 10   | 17:38.8           |
| Total Time = 1:23:05.7 |                   | Total Places = 73 |

## 8. Anoka

|                        |                      |                    |
|------------------------|----------------------|--------------------|
| 13                     | Spencer Grow, 12     | 16:41.7            |
| 37                     | Christian Kutina, 11 | 17:18.2            |
| 45                     | Logan Czech, 11      | 17:35.7            |
| 49                     | Jeff Herrala, 12     | 17:37.8            |
| 56                     | Chris Hecker, 10     | 17:45.0            |
| 62                     | Aaron White, 11      | 17:54.9            |
| 69                     | Kevin Persuitti, 11  | 18:05.2            |
| Total Time = 1:26:58.4 |                      | Total Places = 200 |

## 3. Totino-Grace

|                        |                        |                    |
|------------------------|------------------------|--------------------|
| 1                      | Steven Dado, 12        | 15:50.7            |
| 4                      | Adam Braun, 12         | 16:07.4            |
| 19                     | Michael Greenstein, 11 | 16:55.9            |
| 29                     | Joseph Louiselle, 9    | 17:08.1            |
| 47                     | Tin Nguyen, 12         | 17:37.6            |
| 78                     | Aj Hagen, 12           | 18:33.3            |
| 83                     | Luke Gasperlin, 10     | 18:43.1            |
| Total Time = 1:23:39.7 |                        | Total Places = 100 |

## 9. Rogers

|                        |                    |                    |
|------------------------|--------------------|--------------------|
| 6                      | Caleb Leclaire, 11 | 16:12.9            |
| 41                     | Daniel Schuler, 12 | 17:27.6            |
| 51                     | Reed Parent, 9     | 17:38.5            |
| 59                     | Tj Scott, 11       | 17:48.5            |
| 60                     | Aaron Nelson, 11   | 17:48.6            |
| 65                     | Dustin Muehler, 11 | 17:59.3            |
| 71                     | Justin Burt, 10    | 18:11.4            |
| Total Time = 1:26:56.1 |                    | Total Places = 217 |

## 4. Mounds View

|                        |                    |                    |
|------------------------|--------------------|--------------------|
| 2                      | Zach Roozen, 11    | 15:53.4            |
| 26                     | Sam Warnes, 11     | 17:05.3            |
| 27                     | Michael Hoff, 9    | 17:06.5            |
| 30                     | Bernie Floeder, 11 | 17:10.4            |
| 32                     | Ben Kramka, 11     | 17:12.1            |
| 35                     | Andre Hessini, 9   | 17:15.2            |
| 67                     | Jeremy Dahl, 11    | 17:59.9            |
| Total Time = 1:24:27.7 |                    | Total Places = 117 |

## 10. Blaine

|                        |                            |                    |
|------------------------|----------------------------|--------------------|
| 11                     | Austin Woetzel, 12         | 16:38.9            |
| 23                     | Dan Kremer, 12             | 17:01.5            |
| 58                     | Michael Culshaw-Maurer, 12 | 17:48.0            |
| 72                     | Brett Olson, 10            | 18:13.3            |
| 88                     | Scott Urban, 12            | 18:56.0            |
| 91                     | David Que, 11              | 18:58.6            |
| 101                    | Ben Ziebol, 10             | 19:34.4            |
| Total Time = 1:28:37.7 |                            | Total Places = 252 |

## 5. Centennial

|                        |                     |                    |
|------------------------|---------------------|--------------------|
| 12                     | Jonathan Keller, 10 | 16:40.7            |
| 21                     | Matt Longen, 11     | 16:58.3            |
| 28                     | Joe Bourdage, 9     | 17:07.6            |
| 31                     | Ryan Brown, 11      | 17:11.4            |
| 36                     | Kevin Grow, 9       | 17:17.4            |
| 52                     | Scott Sugden, 12    | 17:38.8            |
| 55                     | Brendan Gessner, 11 | 17:39.7            |
| Total Time = 1:25:15.4 |                     | Total Places = 128 |

## 11. Irondale

|                        |                    |                    |
|------------------------|--------------------|--------------------|
| 22                     | Jack Peterson, 12  | 17:00.8            |
| 33                     | Bryan Sprang, 12   | 17:12.3            |
| 74                     | Tyler Gilbert, 10  | 18:19.3            |
| 81                     | Colin Owens, 12    | 18:41.0            |
| 87                     | Bjorn Adelsman, 10 | 18:54.4            |
| 90                     | Adam Cich, 11      | 18:57.8            |
| 103                    | Jonah Gilbert, 11  | 19:39.8            |
| Total Time = 1:30:07.8 |                    | Total Places = 297 |

## 6. Osseo

|                        |                     |                    |
|------------------------|---------------------|--------------------|
| 8                      | Brad Hartmann, 12   | 16:19.0            |
| 14                     | Anders Evenson, 11  | 16:41.9            |
| 44                     | Adam Berkowitz, 9   | 17:34.5            |
| 50                     | Pat Griffith, 11    | 17:38.2            |
| 54                     | Justin Slattery, 11 | 17:39.4            |
| 68                     | Randy Erdmann, 12   | 18:02.1            |
| 80                     | David Johnson, 11   | 18:40.6            |
| Total Time = 1:25:53.0 |                     | Total Places = 170 |

## 12. Park Center

|                        |                    |                    |
|------------------------|--------------------|--------------------|
| 40                     | Joe Kelly, 12      | 17:22.3            |
| 57                     | Nick Schroeder, 12 | 17:45.5            |
| 64                     | Robby Johnson, 8   | 17:58.9            |
| 75                     | Drew Heimark, 11   | 18:20.9            |
| 96                     | Jon Edstrom, 12    | 19:12.4            |
| 98                     | Alvin Toe, 12      | 19:19.5            |
| 99                     | Adam Mickelson, 12 | 19:23.4            |
| Total Time = 1:30:40.0 |                    | Total Places = 332 |

13. Fridley

|                        |                      |                    |
|------------------------|----------------------|--------------------|
| 48                     | Joey Britven, 11     | 17:37.6            |
| 76                     | Joe Ikier, 11        | 18:29.8            |
| 79                     | Riley West, 12       | 18:39.1            |
| 85                     | Max Fite, 10         | 18:45.3            |
| 92                     | Alex Christenson, 10 | 18:59.3            |
| 102                    | Colter Allen, 9      | 19:34.4            |
| 105                    | Dan Stevenson, 10    | 21:22.3            |
| Total Time = 1:32:31.1 |                      | Total Places = 380 |

15. Spring Lake Park

|                        |                     |                   |
|------------------------|---------------------|-------------------|
| 61                     | Nick Cockriel, 12   | 17:52.4           |
| 77                     | Mack Nystrom, 11    | 18:30.6           |
| 82                     | Charlie Glasser, 10 | 18:41.6           |
| 93                     | Michael Johnson, 10 | 19:01.2           |
| 97                     | Mitch Opdahl, 12    | 19:15.1           |
| 100                    | Austin Hrudka, 10   | 19:25.3           |
| 104                    | Ryan Eiler, 11      | 19:42.2           |
| Total Time = 1:33:20.9 |                     | Total Places = 41 |

14. Champlin Park

|                        |                     |                    |
|------------------------|---------------------|--------------------|
| 63                     | Rico Alexander, 11  | 17:58.0            |
| 73                     | Derek Wachowiak, 11 | 18:17.2            |
| 84                     | Brett Sjostrom, 11  | 18:45.0            |
| 86                     | Brandon Johnson, 11 | 18:45.9            |
| 89                     | Jake Hillman, 11    | 18:56.8            |
| 94                     | Ryan Rodeback, 9    | 19:01.8            |
| 95                     | Nick Raksin, 11     | 19:07.7            |
| Total Time = 1:32:42.9 |                     | Total Places = 395 |

| PLACE | TEAM SCORE | FINISHER                   | TIME    | TEAM         |
|-------|------------|----------------------------|---------|--------------|
| 1     | 1          | Steven Dado, 12            | 15:50.7 | Totino-Grace |
| 2     | 2          | Zach Roozen, 11            | 15:53.4 | Mounds View  |
| 3     | 3          | Dan Nielsen, 12            | 16:03.9 | Andover      |
| 4     | 4          | Adam Braun, 12             | 16:07.4 | Totino-Grace |
| 5     | 5          | Alex Johnson, 12           | 16:08.7 | Maple Grove  |
| 6     | 6          | Caleb Leclair, 11          | 16:12.9 | Rogers       |
| 7     | 7          | Zach Gust, 12              | 16:14.4 | Andover      |
| 8     | 8          | Brad Hartmann, 12          | 16:19.0 | Osseo        |
| 9     | 9          | Tyler Olson, 12            | 16:22.1 | Maple Grove  |
| 10    | 10         | Connor Olson, 8            | 16:25.7 | Maple Grove  |
| 11    | 11         | Austin Woetzel, 12         | 16:38.9 | Blaine       |
| 12    | 12         | Jonathan Keller, 10        | 16:40.7 | Centennial   |
| 13    | 13         | Spencer Grow, 12           | 16:41.7 | Anoka        |
| 14    | 14         | Anders Evenson, 11         | 16:41.9 | Osseo        |
| 15    | 15         | Mitch Fisher, 11           | 16:42.7 | Andover      |
| 16    | 16         | Kurt Hellmann, 11          | 16:44.9 | Andover      |
| 17    | 17         | Saleban Duale, 11          | 16:51.8 | Coon Rapids  |
| 18    | 18         | Steven Cotter, 10          | 16:55.0 | Andover      |
| 19    | 19         | Michael Greenstein, 11     | 16:55.9 | Totino-Grace |
| 20    | 20         | Chris Meados, 9            | 16:56.6 | Andover      |
| 21    | 21         | Matt Longen, 11            | 16:58.3 | Centennial   |
| 22    | 22         | Jack Peterson, 12          | 17:00.8 | Irondale     |
| 23    | 23         | Dan Kremer, 12             | 17:01.5 | Blaine       |
| 24    | 24         | Luke Iverson, 12           | 17:04.6 | Maple Grove  |
| 25    | 25         | Nathan Rausch, 12          | 17:04.6 | Maple Grove  |
| 26    | 26         | Sam Warnes, 11             | 17:05.3 | Mounds View  |
| 27    | 27         | Michael Hoff, 9            | 17:06.5 | Mounds View  |
| 28    | 28         | Joe Bourdage, 9            | 17:07.6 | Centennial   |
| 29    | 29         | Joseph Louiselle, 9        | 17:08.1 | Totino-Grace |
| 30    | 30         | Bernie Floeder, 11         | 17:10.4 | Mounds View  |
| 31    | 31         | Ryan Brown, 11             | 17:11.4 | Centennial   |
| 32    | 32         | Ben Kramka, 11             | 17:12.1 | Mounds View  |
| 33    | 33         | Bryan Sprang, 12           | 17:12.3 | Irondale     |
| 34    | 34         | Calvin Mehrhof, 11         | 17:14.5 | Coon Rapids  |
| 35    | 35         | Andre Hessini, 9           | 17:15.2 | Mounds View  |
| 36    | 36         | Kevin Grow, 9              | 17:17.4 | Centennial   |
| 37    | 37         | Christian Kutina, 11       | 17:18.2 | Anoka        |
| 38    | 38         | Dan O'Grady, 12            | 17:20.4 | Coon Rapids  |
| 39    | 39         | Nathan Herman, 10          | 17:21.7 | Coon Rapids  |
| 40    | 40         | Joe Kelly, 12              | 17:22.3 | Park Center  |
| 41    | 41         | Daniel Schuler, 12         | 17:27.6 | Rogers       |
| 42    | 42         | Andy Kast, 12              | 17:27.9 | Andover      |
| 43    | 43         | Sam Dulian, 11             | 17:30.3 | Coon Rapids  |
| 44    | 44         | Adam Berkowitz, 9          | 17:34.5 | Osseo        |
| 45    | 45         | Logan Czech, 11            | 17:35.7 | Anoka        |
| 46    | 46         | Tony Stec, 12              | 17:36.4 | Maple Grove  |
| 47    | 47         | Tin Nguyen, 12             | 17:37.6 | Totino-Grace |
| 48    | 48         | Joey Britven, 11           | 17:37.6 | Fridley      |
| 49    | 49         | Jeff Herrala, 12           | 17:37.8 | Anoka        |
| 50    | 50         | Pat Griffith, 11           | 17:38.2 | Osseo        |
| 51    | 51         | Reed Parent, 9             | 17:38.5 | Rogers       |
| 52    | 52         | Scott Sugden, 12           | 17:38.8 | Centennial   |
| 53    | 53         | Ryan Graham, 10            | 17:38.8 | Maple Grove  |
| 54    | 54         | Justin Slattey, 11         | 17:39.4 | Osseo        |
| 55    | 55         | Brendan Gessner, 11        | 17:39.7 | Centennial   |
| 56    | 56         | Chris Hecker, 10           | 17:45.0 | Anoka        |
| 57    | 57         | Nick Schroeder, 12         | 17:45.5 | Park Center  |
| 58    | 58         | Michael Culshaw-Maurer, 12 | 17:48.0 | Blaine       |
| 59    | 59         | Tj Scott, 11               | 17:48.5 | Rogers       |

|     |     |                      |         |                  |
|-----|-----|----------------------|---------|------------------|
| 60  | 60  | Aaron Nelson, 11     | 17:48.6 | Rogers           |
| 61  | 61  | Nick Cockriel, 12    | 17:52.4 | Spring Lake Park |
| 62  | 62  | Aaron White, 11      | 17:54.9 | Anoka            |
| 63  | 63  | Rico Alexander, 11   | 17:58.0 | Champlin Park    |
| 64  | 64  | Robby Johnson, 8     | 17:58.9 | Park Center      |
| 65  | 65  | Dustin Muehler, 11   | 17:59.3 | Rogers           |
| 66  | 66  | Michael Coughlin, 10 | 17:59.4 | Coon Rapids      |
| 67  | 67  | Jeremy Dahl, 11      | 17:59.9 | Mounds View      |
| 68  | 68  | Randy Erdmann, 12    | 18:02.1 | Osseo            |
| 69  | 69  | Kevin Persuitti, 11  | 18:05.2 | Anoka            |
| 70  | 70  | Dan Chavis, 12       | 18:09.1 | Coon Rapids      |
| 71  | 71  | Justin Burt, 10      | 18:11.4 | Rogers           |
| 72  | 72  | Brett Olson, 10      | 18:13.3 | Blaine           |
| 73  | 73  | Derek Wachowiak, 11  | 18:17.2 | Champlin Park    |
| 74  | 74  | Tyler Gilbert, 10    | 18:19.3 | Irondale         |
| 75  | 75  | Drew Heimark, 11     | 18:20.9 | Park Center      |
| 76  | 76  | Joe Ikier, 11        | 18:29.8 | Fridley          |
| 77  | 77  | Mack Nystrom, 11     | 18:30.6 | Spring Lake Park |
| 78  | 78  | Aj Hagen, 12         | 18:33.3 | Totino-Grace     |
| 79  | 79  | Riley West, 12       | 18:39.1 | Fridley          |
| 80  | 80  | David Johnson, 11    | 18:40.6 | Osseo            |
| 81  | 81  | Colin Owens, 12      | 18:41.0 | Irondale         |
| 82  | 82  | Charlie Glasser, 10  | 18:41.6 | Spring Lake Park |
| 83  | 83  | Luke Gasperlin, 10   | 18:43.1 | Totino-Grace     |
| 84  | 84  | Brett Sjostrom, 11   | 18:45.0 | Champlin Park    |
| 85  | 85  | Max Fite, 10         | 18:45.3 | Fridley          |
| 86  | 86  | Brandon Johnson, 11  | 18:45.9 | Champlin Park    |
| 87  | 87  | Bjorn Adelsman, 10   | 18:54.4 | Irondale         |
| 88  | 88  | Scott Urban, 12      | 18:56.0 | Blaine           |
| 89  | 89  | Jake Hillman, 11     | 18:56.8 | Champlin Park    |
| 90  | 90  | Adam Cich, 11        | 18:57.8 | Irondale         |
| 91  | 91  | David Que, 11        | 18:58.6 | Blaine           |
| 92  | 92  | Alex Christenson, 10 | 18:59.3 | Fridley          |
| 93  | 93  | Michael Johnson, 10  | 19:01.2 | Spring Lake Park |
| 94  | 94  | Ryan Rodeback, 9     | 19:01.8 | Champlin Park    |
| 95  | 95  | Nick Raksin, 11      | 19:07.7 | Champlin Park    |
| 96  | 96  | Jon Edstrom, 12      | 19:12.4 | Park Center      |
| 97  | 97  | Mitch Opdahl, 12     | 19:15.1 | Spring Lake Park |
| 98  | 98  | Alvin Toe, 12        | 19:19.5 | Park Center      |
| 99  | 99  | Adam Mickelson, 12   | 19:23.4 | Park Center      |
| 100 | 100 | Austin Hrudka, 10    | 19:25.3 | Spring Lake Park |
| 101 | 101 | Ben Ziebol, 10       | 19:34.4 | Blaine           |
| 102 | 102 | Colter Allen, 9      | 19:34.4 | Fridley          |
| 103 | 103 | Jonah Gilbert, 11    | 19:39.8 | Irondale         |
| 104 | 104 | Ryan Eiler, 11       | 19:42.2 | Spring Lake Park |
| 105 | 105 | Dan Stevenson, 10    | 21:22.3 | Fridley          |